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A study on emotional intelligence of adolescents

■ Jinamoni Saikia*, Anshu¹ and Anjali Mathur¹

Department of Human Development and Family Studies, College of Home Science, Assam Agricultural University, JORHAT (ASSAM) INDIA

(Email: jina_saikia@yahoo.com)

¹Department of Human Development and Family Studies, Halina School of Home Science, Sam Higginbottom Institute of Agriculture, Technology and Sciences, ALLAHABAD (U.P.) INDIA

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*Author for correspondence

ABSTRACT

The present study was taken up to find out the emotional intelligence levels of adolescents and to find out the differences among them due to different sociocultural background. The sample size comprised of 325 adolescents (16-18 years) drawn from urban, rural and tribal areas of Jorhat district of Assam. It can be highlighted from the results that the level of emotional intelligence of most of the adolescents was far better in the dimension of interpersonal management. Majority of adolescents were least competent in the abilities pertaining to the dimension of intrapersonal management. Majority of adolescents of urban culture were found to have more skills in all the dimensions of emotional intelligence than the adolescents of rural culture barring interpersonal management. The adolescents of tribal culture possessed considerably low level in all the dimensions of emotional intelligence.